

CONNECTICUT VALLEY HOSPITAL

Physical Therapy Services

PT Equipment Procedure # 9

Re: Standing Table

Date: March 20, 2000

Revised: October 19, 2008

Description:

Cutout table with an adjustable foot platform. The entire unit is placed on a wide base to prevent tipping. Door at back of unit opens to 180° for easy entering and exiting unit.

Indications:

Patients who require weight bearing in a safe environment, while also permitting upper extremity fine motor activity.

Precautions:

Patients with a history of Orthostatic Hypotension.

Procedure:

1. Open door of table.
2. Bring patient up to opening (evaluate height using adjustable platform if necessary).
3. Assist patient to stand in standing box.
4. Close door and fasten safety latch.
5. Observe posture and insert pillows as needed for support.
6. Set timer for duration of exercise treatment.
7. Check patient for tolerance every 5 minutes.
8. When time is completed, release latch and open door. Assist patient out of table.
9. Clean as per Physical Therapy Cleaning Procedures.